Humana*One* **Dental Preventive Plus**



Preventive Plus helps you meet your everyday dental needs. The plan covers services most often used, with the freedom to select any dentist.

	See a participating dentist		See a nonparticipating dentist
Preventive services > Oral examinations > X-rays > Cleanings > Topical fluoride treatment (through age 14, one per calendar year) > Sealants (through age 14)	100% no deductible		70% after deductible of in network fee schedule
Basic services (six month waiting period applies¹) > Emergency care for pain relief² > Extractions and root removal > Fillings (amalgam, composite for anterior teeth) > Space maintainers > Oral surgery > Prefabricated stainless steel crowns	50% after deductible		30% after deductible of in network fee schedule
Discount services Appliances for children Denture repair and adjustments Implants Periodontics Endodontics (root canals) Crowns Inlays and onlays Bridgework Dentures Denture relines and rebases	Receive a discount on these services if you see participating dentists. These services are not covered under this plan. Out-of-pocket expenses do not apply to deductible and annual maximum.		Not applicable
Orthodontia services Adult and child orthodontia			
Calendar-year deductible (excludes discount services)	Individual \$50	Family \$150	
Annual maximum (excludes discount services)	\$1,000		

^{1.} Six month waiting period does not apply in TN.

Non-participating dentists can bill you for charges above the amount covered by your Humana*One* Dental plan. To ensure you do not receive additional charges, visit a participating PPO Network dentist.

Waiting periods and frequency/age limits may apply.

^{2.} Emergency care covered 50% at both participating and nonparticipating dentists in IL.

Choose HumanaOne Dental benefits

Be healthy

Good dental health is a reflection of good overall health. For example, the Academy of General Dentistry says there is a link between gum disease and heart problems, and the American Academy of Periodontology says severe gum disease can increase blood sugar, increasing the risk among diabetics. Humana *One* Dental's Preventive Plus plan focuses on prevention, providing exams and cleanings every calendar year.

Be successful

Did you know 74 percent of adult Americans believe that an unattractive smile could hurt a person's chances for career success? That's according to the American Academy of Cosmetic Dentistry. HumanaDental's Preventive Plus plan helps you maintain a healthy and attractive smile.

My Dental IQ

My Dental IQ promotes routine dental care—not only encouraging good oral health, but possibly helping to reduce total healthcare costs over time. Research shows that periodontal (gum) disease has been linked to other serious diseases in the body. The dental health risk assessment at **MyDentallQ.com** takes minutes to complete, and immediately delivers a scorecard with health tips tailored to you.

Use your Humana*One*Dental benefits

Find a dentist

With Humana *One* Dental's Preventive Plus plan, you can see any dentist. You can save up to 27 percent on out-of-pocket costs when you visit a dentist in Humana *One* Dental's PPO Network – ask when you schedule your appointment.

Know what your plan covers

The other side of this page gives you a summary of Humana *One* Dental benefits. Your plan certificate describes in detail your HumanaDental benefits.

See your dentist

Simply present your HumanaDental identification (ID) card when you see your dentist. It contains all the information your dentist needs to submit your claims.

Learn what your plan paid

After Humana *One* Dental processes your dental claim, you will receive an explanation of benefits or claims receipt. It provides detailed information on covered dental services, amounts paid, plus any amount you may owe your dentist. You can also check the status of your claim by calling 1-866-537-0232.



Insured or administered by HumanaDental Insurance Company

This is not a complete disclosure of plan qualifications and limitations. Your broker will provide you with specific limitations and exclusions as contained in the Regulatory and Technical Information Guide. Please review this information before applying for coverage. The amount of benefits provided depends upon the plan selected. Premiums will vary according to the selection made.