Coverage Period: 01/01/2014-12/31/2014

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: HMO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.bcbsil.com/coverage">www.bcbsil.com/coverage</a> or by calling 1-800-892-2803.

| Important Questions   | Answers   | Why this Matters:   |
|---|---|---|
| What is the overall deductible?                               | Individual: Participating \$6,000 Family: Participating \$12,700 Doesn't apply to certain preventative care.                            | You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .   |
| Are there other deductibles for specific services?            | Yes. \$300 Inpatient Admission<br>Deductible \$250 Outpatient<br>Surgery Deductible There are no<br>other specific <u>deductibles</u> . | You must pay all the costs for these services up to the specific <b>deductible</b> amount before this plan begins to pay for these services.  |
| Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses? | Yes. Individual: Participating <b>\$6,250</b> Family: Participating <b>\$12,700</b>   | The <u>out-of-pocket</u> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.  |
| What is not included in the out-of-pocket limit?              | Premiums, balance-billed charges, and health care this plan doesn't cover.  | Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .  |
| Does this plan use a <u>network</u> of <u>providers</u> ?     | Yes. See <a href="www.bcbsil.com/coverage">www.bcbsil.com/coverage</a> or call 1-800-892-2803 for a list of Participating providers.    | If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> . |
| Do I need a referral to see a specialist?                     | Yes. All specialist visits require a written PCP referral unless it's for an OB/GYN or for emergency care.                              | This plan will pay some or all of the costs to see a <b>specialist</b> for covered services but only if you have the plan's permission before you see the <b>specialist</b> .   |
| Are there services this plan doesn't cover?                   | Yes.  | Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .   |

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing.</u>)
- The plan may encourage you to use Participating **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

| Common Medical Event                                   | Service You May Need   | Your cost if you use<br>a Participating<br>Provider | Your cost if you use<br>a Non-Participating<br>Provider | Limitations & Exceptions   |
|--|--|---|---|--|
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness                   | \$25 copay/visit                                    | Not Covered   | Services or supplies that are not ordered by your Primary Care Physician or Women's Principal Health Care Provider, except emergency, and routine vision exams, are not covered. |
|  | Specialist visit   | \$100 copay/visit                                   | Not Covered   | Referral required.   |
|  | Other practitioner office visit                                    | 30% coinsurance                                     | Not Covered   | Referral required.<br>Copay may apply.   |
|  | Preventive care/screening/immunization                             | No Charge   | Not Covered   | none   |
| If you have a test                                     | Diagnostic test (x-ray, blood work) Imaging (CT / PET scans, MRIs) | \$100 copay/visit<br>\$500 copay/visit              | Not Covered Not Covered                                 | Referral required.   |

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| Common Medical Event   | Service You May Need                           | Your cost if you use<br>a Participating<br>Provider        | Your cost if you use<br>a Non-Participating<br>Provider | Limitations & Exceptions  |
|--|--|--|---|---|
| If you need drugs to   | Generic Drugs                                  | 30% coinsurance  | Not Covered   | Dispensing limit may apply to certain   |
| treat your illness or  | Formulary Brand Drugs                          | 30% coinsurance  | Not Covered   | drugs.  |
| condition  | Non-Formulary Brand Drugs                      | 40% coinsurance  | Not Covered   | Up to 34 day retail /90 day mail.   |
| More information about prescription drug coverage is available at http://www.bcbsil.com/member/rx_drugs.html | Specialty Drugs                                | 50% coinsurance  | Not Covered   | Certain women's preventative services will be covered with no cost to the member. For a full list of these prescriptions and/ or services, please contact Customer Service.  Specialty retail/ mail limited to a 30 day supply.  Coverage based on group policy. Prior authorization may be required. |
| If you have outpatient surgery   | Facility fee (e.g., ambulatory surgery center) | \$250 per occurrence deductible plus 30% coinsurance       | Not Covered   | Referral required.  |
|  | Physician/surgeon fees                         | \$100 copay  | Not Covered   |   |
| If you need immediate medical attention  | Emergency room services                        | \$600 per occurrence deductible plus 30% coinsurance       | \$600 per occurrence deductible plus 30% coinsurance    | Per occurrence deductible amount waived if admitted. If admitted, Inpatient Hospital deductible will apply.   |
|  | Emergency medical transportation               | 30% coinsurance  | 30% coinsurance   | none  |
|  | Urgent care                                    | 30% coinsurance  | Not Covered   | Applicable copay may apply.  Must be affiliated with member's chosen medical group or referral required.  |
| If you have a hospital stay  | Facility fee (e.g., hospital room)             | \$300 per occurrence<br>deductible plus 30%<br>coinsurance | Not Covered   | Referral required.  |
|  | Physician/surgeon fee                          | 30% coinsurance  | Not Covered   |   |

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| Common Medical Event   | Service You May Need  | Your cost if you use<br>a Participating<br>Provider  | Your cost if you use<br>a Non-Participating<br>Provider | Limitations & Exceptions   |
|--|---|--|---|--|
| If you have mental health, behavioral health, or substance abuse needs | Mental/Behavioral health outpatient services  Mental/Behavioral health inpatient services  Substance use disorder outpatient services | 30% coinsurance<br>\$300 per occurrence<br>deductible plus 30%<br>coinsurance<br>30% coinsurance | Not Covered  Not Covered                                | Referral required.   |
|  | Substance use disorder inpatient services   | \$300 per occurrence<br>deductible plus 30%<br>coinsurance                                       | Not Covered   |  |
| If you are pregnant  | Prenatal and postnatal care   | \$25 copay   | Not Covered   | Copay applies to first prenatal visit (per pregnancy).   |
|  | Delivery and all inpatient services   | \$300 per occurrence<br>deductible plus 30%<br>coinsurance                                       | Not Covered   | Referral required.   |
| If you need help   | Home health care  | 30% coinsurance  | Not Covered   | Referral required.   |
| recovering or have other   | Rehabilitation services   | \$100 copay  | Not Covered   | Referral Required. 60 visits combined/   |
| special health needs   | Habilitation services   | \$100 copay  | Not Covered   | calendar year. Includes, but is not limited to, physical, occupational or speech therapy.  |
|  | Skilled nursing care  | 30% coinsurance  | Not Covered   | Referral Required.<br>Excludes Custodial Care.   |
|  | Durable medical equipment   | 30% coinsurance  | Not Covered   | Referral required. Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price). |
|  | Hospice service   | 30% coinsurance  | Not Covered   | Referral required.   |

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| Common Medical Event | The state of the s | a Participating    | a Non-Participating  | Limitations & Exceptions                |
|----------------------|--|--------------------|----------------------|---|
| If your child needs  | Eye exam   | Provider No Charge | Provider Not Covered | Limited to one visit per calendar year. |
| dental or eye care   | Glasses  | No Charge          | Not Covered          | Frames limited to one pair per calendar |
|                      |  |                    |                      | year.                                   |
|                      | Dental check-up  | Not Covered        | Not Covered          | none                                    |

### **Excluded Services & Other Covered Services:**

### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric surgery (unless medically necessary)
- Cosmetic surgery

- Dental Care
- Long-term care
- Non-emergency care when traveling outside the Weight loss programs U.S.
- Routine foot care (with the exception of person with diagnosis of diabetes)

### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

• Chiropractic care

- Infertility treatment
- Hearing aids (Two covered every 36 months for Private-duty nursing

• Routine eye care (Adult)

### Your Rights to Continue Coverage:

children or bone anchored)

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-800-892-2803. You may also contact your state insurance department at 1-800-892-2803.

Questions: Call 1-800-892-2803 or visit us at www.bcbsil.com/coverage.

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### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-538-8833 or visit <a href="www.bcbsil.com">www.bcbsil.com</a>, or contact the U.S Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit <a href="http://insurance.illinois.gov">http://insurance.illinois.gov</a>.

### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.** 

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-892-2803.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-892-2803.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-892-2803.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-892-2803.

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

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**Coverage Examples:** 

# About These Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

# **Having a baby** (normal delivery)

- Amount owed to providers: \$7,540
- **Plan pays** \$1,140
- Patient pays \$6,400

### Sample care costs:

| Total                      | \$7,540 |
|----------------------------|---------|
| Vaccines, other preventive | \$40    |
| Radiology                  | \$200   |
| Prescriptions              | \$200   |
| Laboratory tests           | \$500   |
| Anesthesia                 | \$900   |
| Hospital charges (baby)    | \$900   |
| Routine obstetric care     | \$2,100 |
| Hospital charges (mother)  | \$2,700 |
|                            |         |

### Patient pays:

| . watering party or  |         |
|----------------------|---------|
| Deductibles          | \$6,000 |
| Copays               | \$0     |
| Coinsurance          | \$250   |
| Limits or exclusions | \$150   |
| Total                | \$6,400 |
|                      |         |

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$2,600
- Patient pays \$2,800

### Sample care costs:

| Prescriptions                  | \$2,900 |
|--------------------------------|---------|
| Medical Equipment and Supplies | \$1,300 |
| Office Visits and Procedures   | \$700   |
| Education                      | \$300   |
| Laboratory tests               | \$100   |
| Vaccines, other preventive     | \$100   |
| Total                          | \$5,400 |

### Patient pays:

| Deductibles          | \$2,720 |
|----------------------|---------|
| Copays               | \$0     |
| Coinsurance          | \$0     |
| Limits or exclusions | \$80    |
| Total                | \$2,800 |

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**Coverage Examples:** 

# Questions and answers about Coverage Examples:

# What are some of the assumptions behind the Coverage Examples?

BlueCross BlueShield

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network providers, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# **Does the Coverage Example** predict my own care needs?

**✗** No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# **Does the Coverage Example** predict my future expenses?

**✗** <u>No</u>. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

✓ <u>Yes</u>. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

✓ <u>Yes</u>. An important cost is the <u>premium</u> you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.