Coverage Period: 01/01/2014-12/31/2014

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual/Family | Plan Type: PPO



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.bcbsil.com/coverage">www.bcbsil.com/coverage</a> or by calling 1-800-541-2768.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	Individual: Participating \$1,000 Non-Participating \$2,000 Family: Participating \$3,000 Non-Participating \$6,000 Doesn't apply to certain preventative care.	You must pay all the costs up to the <b>deductible</b> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <b>deductible</b> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <b>deductible</b> .
Are there other deductibles for specific services?	Yes. \$200 Participating/ \$300 Non-Participating Inpatient Admission Deductible and \$150 Participating/ \$250 Non Participating Outpatient Surgery Deductible. There are no other specific <u>deductibles</u> .	You must pay all the costs for these services up to the specific <b>deductible</b> amount before this plan begins to pay for these services.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. Individual: Participating \$3,000 Non-Participating \$6,000 Family: Participating \$9,000 Non-Participating \$18,000	The <u>out-of-pocket</u> limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premiums, out-of-network deductibles, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Does this plan use a network of providers?	Yes. See <a href="https://www.bcbsil.com/coverage">www.bcbsil.com/coverage</a> or call 1-800-541-2768 for a list of Participating providers.	the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .

Questions: Call 1-800-541-2768 or visit us at www.bcbsil.com/coverage.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <a href="https://www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf">www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf</a> or call 1-855-756-4448 to request a copy.

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing.</u>)
- The plan may encourage you to use Participating **providers** by charging you lower **deductibles**, **copayments**, and **coinsurance** amounts.

Common Medical Event	Service You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 copay/visit	40% coinsurance	No benefits will be provided for services which are not, in the reasonable judgment of Blue Cross and Blue Shield, medically necessary
	Specialist visit	\$50 copay/visit	40% coinsurance	none
	Other practitioner office visit	20% coinsurance	40% coinsurance	Acupuncture not covered. Chiropractic services are limited to 30 visits per calendar year. Copay may apply.
	Preventive care/screening/immunization	No Charge	40% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT / PET scans, MRIs)	20% coinsurance 20% coinsurance	40% coinsurance 40% coinsurance	none

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Common Medical Event	Service You May Need	Your cost if you use	Your cost if you use	Limitations & Exceptions
		a Participating	a Non-Participating	
		Provider	Provider	
If you need drugs to	Formulary Generic Drugs	No Charge	No Charge	
treat your illness or	Non-Formulary Generic Drugs	\$10/\$20 copay/	\$10 copay/	Up to 34 day retail /90 day mail.
condition		prescription	prescription	Certain women's preventative services
More information about	Formulary Brand Drugs	\$50/\$100 copay/	\$50 copay/	will be covered with no cost to the
prescription drug		prescription	prescription	member. For a full list of these
<b>coverage</b> is available at	Non-Formulary Brand Drugs	\$100/\$200 copay/	\$100 copay/	prescriptions and/ or services, please
http://www.bcbsil.com/		prescription	prescription	contact Customer Service.
member/rx drugs.html	Specialty Drugs	\$100/\$200 copay/	\$100 copay/	Specialty retail/mail limited to a 30
		prescription	prescription	day supply.
		Formulary Specialty	Formulary Specialty	Coverage based on group policy. Prior
		\$150 copay/	\$150 copay/	authorization may be required. Additional 50% penalty for all
		prescription	prescription	out-of-network prescriptions.
		Non-Formulary	Non-Formulary	out-of-network prescriptions.
		Specialty	Specialty	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$150 per occurrence	\$250 per occurrence	
surgery		deductible plus 20%	deductible plus 40%	none
		coinsurance	coinsurance	none
	Physician/surgeon fees	20% coinsurance	40% coinsurance	
If you need immediate	Emergency room services	\$400 per occurrence	\$400 per occurrence	Per occurrence deductible amount
medical attention		deductible plus 20%	deductible plus 20%	waived if admitted. If admitted,
		coinsurance	coinsurance	Inpatient Hospital deductible will
				apply.
	Emergency medical transportation	20% coinsurance	20% coinsurance	none
	Urgent care	20% coinsurance	40% coinsurance	Applicable copay may apply.
If you have a hospital	Facility fee (e.g., hospital room)	\$200 per occurrence	\$300 per occurrence	
stay		deductible plus 20%	deductible plus 40%	
		coinsurance	coinsurance	none
	Physician/surgeon fee	20% coinsurance	40% coinsurance	
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Common Medical Event	Service You May Need	Your cost if you use a Participating Provider	Your cost if you use a Non-Participating Provider	Limitations & Exceptions
If you have mental health, behavioral	Mental/Behavioral health outpatient services	20% coinsurance	40% coinsurance	Copay applies to psychotherapy office visit only.
health, or substance abuse needs	Mental/Behavioral health inpatient services	\$200 per occurrence deductible plus 20% coinsurance	\$300 per occurrence deductible plus 40% coinsurance	none
	Substance use disorder outpatient services	20% coinsurance	40% coinsurance	Copay applies to psychotherapy office visit only.
	Substance use disorder inpatient services	\$200 per occurrence deductible plus 20% coinsurance	\$300 per occurrence deductible plus 40% coinsurance	none
If you are pregnant	Prenatal and postnatal care	\$30 copay	40% coinsurance	Copay applies to first prenatal visit (per pregnancy).
	Delivery and all inpatient services	\$200 per occurrence deductible plus 20% coinsurance	\$300 per occurrence deductible plus 40% coinsurance	none
If you need help	Home health care	20% coinsurance	40% coinsurance	
recovering or have other	Rehabilitation services	20% coinsurance	40% coinsurance	non 0
special health needs	Habilitation services	20% coinsurance	40% coinsurance	none
	Skilled nursing care	20% coinsurance	40% coinsurance	
	Durable medical equipment	20% coinsurance	40% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	20% coinsurance	40% coinsurance	none
If your child needs	Eye exam	No Charge	Covered	Limited to one visit per calendar year.
dental or eye care	Glasses	No Charge	Covered	Frames limited to one pair per calendar year.
	Dental check-up	Not Covered	Not Covered	none

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#### **Excluded Services & Other Covered Services:**

#### Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental Care (Adult)

- Long-term care
- Routine eye care (Adult)

- Routine foot care (with the exception of person with diagnosis of diabetes)
- Weight loss programs

#### Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Bariatric surgery
- Chiropractic care

- children or bone anchored)
- Infertility treatment
- Hearing aids (Two covered every 36 months for Non-emergency care when traveling outside the U.S.
  - Private-duty nursing

## Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your **premium**. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at 1-800-541-2768. You may also contact your state insurance department at 1-800-541-2768.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-538-8833 or visit www.bcbsil.com, or contact the U.S Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit <a href="http://insurance.illinois.gov">http://insurance.illinois.gov</a>.

#### Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy does provide minimum essential coverage.

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### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-541-2768.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-541-2768.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-541-2768.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-541-2768.

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.-



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# **About These Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

BlueCross BlueShield



#### This is not a cost estimator.

Don't use these examples to estimate your actual costs under the plan. The actual care you receive will be different from these examples, and the cost of that care also will be different.

See the next page for important information about these examples.

#### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- **Plan pays** \$5,190
- Patient pays \$2,350

#### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

#### Patient nave:

i atient pays.	
Deductibles	\$1,200
Copays	\$30
Coinsurance	\$970
Limits or exclusions	\$150
Total	\$2,350

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$3,890
- **Patient pays** \$1,510

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$1,000
Copays	\$210
Coinsurance	\$220
Limits or exclusions	\$80
Total	\$1,510

**Coverage Examples:** 

# Questions and answers about Coverage Examples:

## What are some of the assumptions behind the Coverage Examples?

BlueCross BlueShield

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network providers, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, copayments, and coinsurance can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

## **Does the Coverage Example** predict my own care needs?

**✗** <u>No</u>. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# **Does the Coverage Example** predict my future expenses?

**✗** <u>No</u>. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your providers charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

✓ <u>Yes</u>. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

✓ <u>Yes</u>. An important cost is the <u>premium</u> you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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